

AMENDMENTS TO THE CLAIMS

1. (Currently amended) A metal framing member comprising: a formed metal sheet including a plurality of expanded web slots including voids and metal web elements in a region of the formed ~~sheet~~ metal sheet, wherein the region includes a plurality of reinforcements including a dart or dimple proximate to the web slots.
2. (Canceled)
3. (Original) The member of claim 1, wherein the formed metal sheet includes a web region and a first flange extending from the web region.
4. (Original) The member of claim 3, wherein the formed metal sheet further includes a second flange extending from the web region in a direction substantially parallel to the first flange.
5. (Original) The member of claim 3, wherein the web region includes the expanded web slots.
6. (Original) The member of claim 3, wherein the first flange includes the expanded web slots.
7. (Original) The member of claim 3, wherein each of the web region and the first flange includes the expanded web slots.
8. (Original) The member of claim 5, wherein each of the web region, the first flange and the second flange includes the expanded web slots.
9. (Original) The member of claim 4, wherein the formed metal sheet further includes a closing region extending the first flange to the second flange to form a substantially tubular structure.